Chemiluminescent Response to Pathogenic Organisms: Normal Human Polymorphonuclear Leukocytes

PAUL ROBINSON,* DENIS WAKEFIELD, SAMUEL N, BREIT, JOAN F. EASTER, AND RONALD PENNY

Department of Immunology, St. Vincent’s Hospital, and the Department of Medicine, University of New South Wales, Sydney, Australia

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Chemiluminescence (CL) is a sensitive indicator of phagocytosis and intracellular killing; however, little is known of the normal CL response by human polymorphonuclear leukocytes to different pathogenic microorganisms. We investigated the luminol-enhanced CL response of normal polymorphonuclear leukocytes to a number of common bacterial pathogens and two yeasts. We analyzed the CL response to viable and heat-killed microorganisms at 25 and 37°C. The CL response to all microorganisms was greater and more rapid at 37°C. Variable responses were observed with viable and heat-killed microorganisms; some were unaltered, whereas others demonstrated reduced CL. Each microorganism caused a reproducible response pattern, which could be placed into two general categories. In the first category were those which caused a rapid exponential rise and decay in CL: Enterobacter cloacae, Salmonella typhimurium, Shigella flexneri, Staphylococcus aureus, Candida albicans, and zymosan. In the second category were those which rose slowly over a longer time course to a poorly defined peak: Pseudomonas aeruginosa, Klebsiella pneumoniae, Proteus mirabilis, and Streptococcus pyogenes. The CL response also reflected serum opsonic activity. The effects of inactivated complement, factor B, and removal of specific antibody were investigated. Increasing the concentration of zymosan gave a proportionate rise in peak CL; however, a strain of E. coli caused a variation in peak time rather than peak height. Different CL kinetics were shown for three strains of K. pneumoniae, possibly a result of each having different membrane or cell wall characteristics. This study defines the nature and factors affecting the normal CL response to a variety of common pathogenic microorganisms.

The interaction between particles and phagocytic cells induces activation of a membrane oxidase (5, 16, 24, 26), which triggers a metabolic response, the so-called "respiratory burst." During the process of phagocytosis and subsequent killing, a number of electronically excited molecules such as singlet oxygen and oxygen radicals including superoxide and hydroxyl radicals are formed (6, 17). Light is produced as a result of the relaxation of electronically excited carbonyl chromophores generated as products of oxygenation (2). Phagocytosis of polymorphonuclear leukocytes (PMN) can be monitored using chemiluminescence (CL) (4), and with the addition of chemilumigenic probes such as luminol, light production is substantially enhanced (3).

Neutrophil function is now frequently assessed by CL induced by zymosan or by Staphylococcus aureus. This study examines the CL responses to a variety of common, clinically important human pathogens. We demonstrated different reproducible response patterns for each microorganism. This variation may further our understanding of the differences in the interaction of the infective agents with PMN and may be important in determining their pathogenicity.

MATERIALS AND METHODS

Phagocytic cells. Human PMN were obtained from 30 ml of heparinized blood by density gradient centrifugation (8) followed by dextran sedimentation. Briefly, 30 ml of blood was diluted 1:2 with Ca²⁺- and Mg²⁺-free phosphate-buffered saline (PBS). This was layered onto 10 ml of Ficoll-Paque (Pharmacia Fine Chemicals, Upsala, Sweden) in 50-ml centrifuge tubes (Corning Glass Works, Corning, N.Y.) and centrifuged for 30 min at 600 x g. The upper interface of the gradient and excess Ficoll-Paque were discarded.

PBS (10 ml) and 3 ml of 3% dextran T500 in saline (Pharmacia) were added to the bottom PMN-containing layer. These tubes were mixed and placed in a 37°C water bath for 40 min. Theuffy coat was removed and centrifuged at 200 x g for 10 min, after which the remaining erythrocytes were lysed with 10% PBS in distilled water for 30 s. PMN were washed three times in Hanks balanced salt solution (Ca²⁺- and Mg²⁺-free) containing 15% fetal calf serum. After the final wash, the PMN were counted and suspended in Hanks balanced salt solution at a concentration of 10⁶ PMN per ml. The preparations of PMN demonstrated 95 to 97% viability as measured by trypan blue exclusion.

Opsonizing sera. Serum was collected from 15 healthy adults who were not on any drug therapy. Samples were pooled and portioned into 5-ml volumes which were immediately stored at −85°C until required. This was termed pooled normal human serum (NHS). Serum was also taken from each control subject for use in experiments where autologous serum was required. Inactivation of complement components was achieved by heating at 56°C for 30 min (total complement inactivation) and heating at 50°C for 30 min (inactivation of factor B and, therefore, alternative pathway activation).\n
Blockage of the classical pathway was achieved by incubating serum at 17°C in the presence of 10 mM Mg-ethylene glycol-bis-(β-aminoethyl ether)-N,N,N'-tetraacetic acid (EGTA) (12). For removal of specific antibody, NHS was incubated at 37°C for 60 min with individual strains of bacteria followed by centrifugation at 1,000 x g for 20 min. Samples were filtered through 0.2-µm filters (Millipore Corp., Bedford, Mass.).

Microorganisms. All microorganisms were used as clinical isolates (wound swabs or urine or blood cultures) and were
inoculated into brain-heart infusion broth and incubated at
37°C for 24 h. *Streptococcus* sp. required serum (4% horse
serum) to stimulate growth. Gram-positive microorganisms
used included *S. aureus, Streptococcus pyogenes, Listeria
monocytogenes*. Gram-negative microorganisms used in-
cluded *Klebsiella pneumoniae* (including strains K43, STV1,
AF2, AF3, and AF4), *Escherichia coli, Enterobacter clo-
acae, Salmonella typhimurium, Shigella dysenteriae, Pseu-
domonas aeruginosa*, and *Proteus mirabilis*. Also included
were *Candida albicans* and zymosan. After overnight cul-
ture, microorganisms were washed twice in PBS before
suspension in PBS. The drop counting technique (22) was
used for all bacterial counts. All microorganisms were
diluted with PBS to a concentration of 10⁷ microorganisms
per ml. Heat killing was achieved by incubating dilutions of
each microorganism at 60°C for 90 min.

**Zymosan preparation.** Zymosan was prepared by boiling
500 mg of zymosan A (Sigma Chemical Co., St. Louis, Mo.)
in 50 ml of PBS for 60 min and then washing and resuspen-
ding it to 50 mg/ml in PBS. This stock solution was found to
remain stable at 4°C for several weeks. A 10-fold dilution
was used for assays.

**CL assay procedure.** All CL measurements were per-
formed with a Packard 2640 liquid scintillation counter
(Packard Instrument Co., Downers Grove, Ill.) in the out of
coincidence mode by using previously described methods
(23). Minor modifications to this method included a reduc-
tion of the total reaction vial volume to 850 μl. To each vial
was added 400 μl of PBS, 200 μl of PMN (2 × 10⁶ cells), 50
μl of luminol (Sigma, 10⁻⁶ M), 100 μl of serum (described
above), and 100 μl of the microorganism suspension.
The cells, buffer, serum, and luminol were preincubat-
ed at 30°C for 10 min before the addition of the relevant
microorganism suspension.

**CL measurements were made automatically for 6-s inter-
vals on each of 10 vials over a 90-min period with a constant
amount of agitation between measurements. The tempera-
ture was maintained at a constant 30 ± 0.2°C by a ther-
mostat controlled device installed inside the liquid scintil-
lation counter (AST Electronics, Sydney, Australia). Assay
vials (standard 20-mm scintillation vials) were preheated to
30°C. Vials were not dark adapted nor were assays carried
out in a darkened room (except for the removal of fluores-
cent lights) because negligible differences were seen under
these conditions when using luminol-assisted CL (unpub-
lished observations).

**Data analysis.** The CL responses, measured in counts per
minute, were recorded on line to a Hewlett-Packard 85
computer, which provided a visual curve and a six-para-
meter analysis based on peak height, time to peak, initial slope,
maximum slope, integral to peak height, and total integral
counts. Statistical analysis was performed using the
Student’s *t* test.

**RESULTS**

Response of PMN to zymosan. Figure 1 illustrates the
response of normal PMN to zymosan at 30°C. The curve was
derived from 44 individual cell preparations over a 12-month
period. Table 1 shows the analysis of the standard curve in
terms of average initial slope (first four points), maximum
slope, time to peak, peak height, integral to peak, and total
integral counts. The response to zymosan was characterized
by the rapid rise and decay of the CL. The time taken to
achieve peak height was normally between 20 and 30 min.
The response fell to preactivation levels by approximately 90
min.

Comparison of CL responses to heat-killed and live organ-
isms. When the CL responses to heat-killed (60°C, 90 min)
microorganisms were compared to responses to the corre-
spending viable microorganisms, no distinct patterns
emerged. *P. mirabilis* caused a slight increase in CL re-
response (not significant), whereas response to *E. coli* re-
mained unchanged. *S. aureus, S. typhimurium, and S.
dysenteriae* all caused a significant reduction (*P < 0.001*) in
peak CL response (Table 2). Although *P. mirabilis* caused
no significant change in peak CL response, the time to peak
was significantly increased (*P < 0.01*). Of the microorganisms
which showed reduced CL, only *S. typhimurium* caused a
prolonged response with a doubling of time to peak.

**CL responses of PMN to gram-positive organisms.** The CL

**TABLE 1. Analysis of 44 individual PMN CL response curves to
zymosan**

<table>
<thead>
<tr>
<th>Parameter</th>
<th>Mean ± SE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Peak height (cpm × 10⁶)</td>
<td>22.7 ± 1.60</td>
</tr>
<tr>
<td>Peak time (min)</td>
<td>19.1 ± 0.82</td>
</tr>
<tr>
<td>Integral to peak (cpm × 10⁶)</td>
<td>961.0 ± 46.80</td>
</tr>
<tr>
<td>Integral to 60 min (cpm × 10⁶)</td>
<td>1,211.0 ± 69.50</td>
</tr>
<tr>
<td>Initial slope</td>
<td>0.55 ± 0.06</td>
</tr>
<tr>
<td>Maximum slope</td>
<td>3.4 ± 0.39</td>
</tr>
</tbody>
</table>

*The curve represented by this data is shown in Fig 1.*
TABLE 2. Effect of microorganism viability on CL response

<table>
<thead>
<tr>
<th>Microorganism</th>
<th>No. of assays</th>
<th>Viable microorganisms</th>
<th>Heat-killed microorganisms</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Mean peak height (cpm x 10^3 ± SE)</td>
<td>Mean time (min) ± SE</td>
</tr>
<tr>
<td><em>P. mirabilis</em></td>
<td>6</td>
<td>3.42 ± 0.9</td>
<td>4.0 ± 1.2</td>
</tr>
<tr>
<td><em>E. coli</em></td>
<td>6</td>
<td>19.0 ± 4.3</td>
<td>4.20 ± 8.2</td>
</tr>
<tr>
<td><em>S. aureus</em></td>
<td>9</td>
<td>11.8 ± 3.1</td>
<td>31.5 ± 6.7</td>
</tr>
<tr>
<td><em>S. typhimurium</em></td>
<td>7</td>
<td>26.5 ± 5.6</td>
<td>27.8 ± 6.0</td>
</tr>
<tr>
<td><em>S. dysenteriae</em></td>
<td>5</td>
<td>15.4 ± 2.5</td>
<td>30.4 ± 0.5</td>
</tr>
</tbody>
</table>

*The responses to *P. mirabilis* and *E. coli* remained unchanged when heat-killed microorganisms were substituted for live microorganisms under the same conditions for CL measurement. The CL responses to *S. aureus*, *S. typhimurium*, and *S. dysenteriae* showed significantly reduced peak heights (*P < 0.001*). The kinetics of the responses did not, however, follow the same pattern, since *P. mirabilis* almost doubled the time taken to achieve peak height (*P < 0.001*), whereas the other two microorganisms had unchanged times to peak height. *E. coli* actually reduced the time taken to achieve peak height (*P < 0.05*). All experiments were carried out with pooled normal serum.

+ Significant at *P < 0.001*.
+ Significant at *P < 0.05*.

responses of PMN to *S. pyogenes*, *S. aureus*, and *C. albicans* were examined at 30°C. The shapes of the mean response curves are shown in Fig. 2. Peak heights were lower and response times were slower as compared with zymosan. *S. aureus* and *C. albicans* response curves were similar in shape to those of zymosan, with a less dramatic CL decay. *Streptococcus* sp. showed less well-defined peaks, with little decay of the CL response during the time period measured.

CL responses of PMN to gram-negative bacteria. Shown in Fig. 3 are the response curves caused by several members of the family Enterobacteriaceae. Two *Klebsiella* species caused extremely slow and gradual increases in CL response, often extending to over 100 min before a decay was observed. *P. aeruginosa* caused a rapid PMN CL response; however, the CL response failed to show significant decay over the 60 min measured. The other microorganisms tested caused a rapid rise and a discernible peak followed by a rapid decay in CL. This group included *E. coli*, *E. cloacae*, *P. mirabilis*, and *S. dysenteriae*.

CL variation due to cell wall differences. When three different *K. pneumoniae* strains were compared, it appeared that surface characteristics contributed significantly to the CL response. Figure 4 shows the variation in CL response of PMN to encapsulated (AF3), slime-producing (AF2), and nonencapsulated, non-slime-producing strains (AF1). The encapsulated strain caused a much slower CL response to occur; however, the slime producer actually caused a greater CL response than did the non-slime producer.

Change in concentration of activator. Increasing the concentration of zymosan increased the peak height of the CL response without significantly altering the time to peak (Fig. 5a). However, when the concentration of *E. coli* was increased, peak height remained relatively constant, whereas time to peak decreased proportionally with increased concentration (Fig. 5b). The total reactivity of each concentration as measured by the integral to 50 min showed no great variation over the concentration range. The measurements were made on the same PMN population on the same day to exclude any variation due to PMN from different donors.

Relative CL response at 37 and 25°C. When several different microorganisms were tested for their CL responses at 37 and 25°C, their responses in all cases were more rapid and resulted in higher peaks at 37°C (Fig. 6a). Most pronounced was a 440% increase in slope with zymosan when the temperature was increased from 25 to 37°C. Greater variations were seen in the change in slope than were seen for other parameters (Fig. 6b). Time to peak height showed a

![FIG. 2. Mean CL responses of PMN to two gram-positive bacteria and *C. albicans*. The number of individual controls for each microorganism was: *S. aureus*, 22; *Streptococcus* group A, 7; *Candida*, 14. Bars represent the means ± 2 standard errors of the mean. (The aberration in the *Candida* CL curve is artificial.)](image-url)
FIG. 3. CL response of PMN to several gram-negative bacteria. The number of individual controls represented in each graph is: K. pneumoniae STV1, 32; K. pneumoniae K43, 32; Pseudomonas sp., 12; E. coli, 14; Enterobacter sp., 5; Proteus sp., 8; Shigella sp., 32.

FIG. 4. Effect of the type of bacterial membrane on the CL response of PMN. Shown are the CL responses to three species of K. pneumoniae whose characteristics include: [ ], slime but no capsule (AF2); ⊙, capsule but no slime (AF3); ○, neither slime nor capsule (AF1). Also shown is the CL response to zymosan under identical conditions (→). Curves represent three experiments performed on each microorganism.
mean decrease of 50% for the microorganisms tested at 25°C compared with those tested at 37°C (Fig. 6c). The increase in peak height at 37°C ranged from 40 to 140%.

Effects of serum adsorption. A total of 14 microorganisms were compared for their abilities to cause PMN CL responses in the presence of NHS and portions of serum which had been adsorbed against the specific microorganisms. Unadsorbed microorganisms were added to PMN at the same microorganism-to-PMN ratios. Adsorption was undertaken immediately before the measurements, and NHS was incubated under the same conditions as adsorbed serum but without microorganisms. The CL responses were placed into three categories based on changes in peak CL: (i) no change, (ii) moderate reduction of CL to 30% of the NHS response, and (iii) highly reduced CL responses (>30%). Table 3 details the responses to each microorganism tested, showing both peak heights and time to achieve peak height.

Effects of complement inactivation. Table 4 tabulates the PMN CL responses (peak and time to peak) to four microorganisms measured in the presence of either NHS or adsorbed serum which had been inactivated (56°C, 30 min), inactivated factor B (50°C, 30 min), or untreated serum. Two microorganisms (C. albicans and L. monocytogenes) demonstrated a complement dependence which was independent of factor B. Both peak CL responses and time to peak were affected. L. monocytogenes showed an absolute dependence upon the classical complement components and was not affected by adsorption of specific antibody or inactivation of factor B or both. Neither E. coli nor S. aureus showed significant alterations in peak CL responses; however, S. aureus caused a significant increase in time to peak (P < 0.05) for each of the serum treatments.

DISCUSSION

Since the first report by Allen et al. on the use of native CL to measure phagocyte activity (4), there have been a number of publications demonstrating the variables involved
TABLE 3. Effect of specific antibody on CL responses

<table>
<thead>
<tr>
<th>Group*</th>
<th>Stimulus</th>
<th>No. of assays</th>
<th>Mean peak height (a.u.) ± SE</th>
<th>Mean time (min) ± SE</th>
<th>Adherent serum</th>
<th>Mean peak height (a.u.) ± SE</th>
<th>Mean time (min) ± SE</th>
</tr>
</thead>
<tbody>
<tr>
<td>A</td>
<td>S. pyogenes</td>
<td>8</td>
<td>15.4 ± 4.2</td>
<td>30.4 ± 0.54</td>
<td>16.3 ± 0.6</td>
<td>30.6 ± 0.5</td>
<td></td>
</tr>
<tr>
<td></td>
<td>E. coli</td>
<td>14</td>
<td>11.3 ± 3.1</td>
<td>14.0 ± 12.7</td>
<td>13.5 ± 4.3</td>
<td>30.4 ± 8.2</td>
<td></td>
</tr>
<tr>
<td></td>
<td>K. pneumonia AF1</td>
<td>9</td>
<td>16.2 ± 3.8</td>
<td>24.9 ± 4.7</td>
<td>20.8 ± 4.1</td>
<td>36.9 ± 5.9</td>
<td></td>
</tr>
<tr>
<td></td>
<td>L. monocytogenes</td>
<td>8</td>
<td>13.2 ± 0.8</td>
<td>38.0 ± 13.0</td>
<td>3.1 ± 0.09</td>
<td>37.6 ± 14.5</td>
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</tr>
<tr>
<td></td>
<td>K. pneumonia AF3</td>
<td>9</td>
<td>14.9 ± 4.2</td>
<td>31.7 ± 0.9</td>
<td>18.9 ± 4.2</td>
<td>31.8 ± 0.8</td>
<td></td>
</tr>
<tr>
<td>B</td>
<td>S. aureus (Oxford)</td>
<td>10</td>
<td>15.3 ± 3.8</td>
<td>26.4 ± 4.9</td>
<td>11.1 ± 3.2</td>
<td>53.8 ± 6.4</td>
<td></td>
</tr>
<tr>
<td></td>
<td>S. aureus (Cowman)</td>
<td>10</td>
<td>11.8 ± 2.3</td>
<td>31.5 ± 0.7</td>
<td>8.4 ± 3.2</td>
<td>65.6 ± 36.4</td>
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</tr>
<tr>
<td></td>
<td>E. aerogenes</td>
<td>8</td>
<td>17.0 ± 4.2</td>
<td>49.8 ± 7.0</td>
<td>15.3 ± 3.4</td>
<td>102.0 ± 30.4</td>
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</tr>
<tr>
<td>C</td>
<td>K. pneumonia AF2</td>
<td>8</td>
<td>7.8 ± 1.9</td>
<td>105.9 ± 6.4</td>
<td>2.0 ± 0.8</td>
<td>166.0 ± 30.4</td>
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<tr>
<td></td>
<td>S. pyogenes</td>
<td>10</td>
<td>26.5 ± 5.6</td>
<td>77.8 ± 6.0</td>
<td>14.5 ± 3.1</td>
<td>70.4 ± 38.0</td>
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<td>E. coli</td>
<td>10</td>
<td>5.4 ± 1.0</td>
<td>44.0 ± 1.0</td>
<td>0.9 ± 0.25</td>
<td>90.6 ± 0.0</td>
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<tr>
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<td>K. pneumonia K40</td>
<td>12</td>
<td>16.7 ± 4.2</td>
<td>46.1 ± 8.9</td>
<td>2.3 ± 0.68</td>
<td>84.9 ± 7.2</td>
<td></td>
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<tr>
<td></td>
<td>C. albicans</td>
<td>6</td>
<td>19.1 ± 3.1</td>
<td>21.3 ± 4.0</td>
<td>5.0 ± 1.1</td>
<td>10.7 ± 4.2</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Zygorhiza</td>
<td>12</td>
<td>33.3 ± 4.6</td>
<td>22.5 ± 4.5</td>
<td>23.0 ± 4.5</td>
<td>23.0 ± 4.5</td>
<td></td>
</tr>
</tbody>
</table>

* Each microorganism was unopsonized and was added to reaction vials containing either normal pooled serum or serum from the same pool which had been adsorbed against the specific microorganism immediately before measuring CL. Each microorganism was tested with PNS isolated from the same individual when comparing NIH and adsorbed sera.

* Group A. Microorganisms which caused no change in CL response in the presence of adsorbed sera; group B, a moderate reduction in CL response with adsorbed sera; group C, a highly reduced CL response.

in measurements of CL, especially the measurement of luminal-enhanced CL (3, 9, 12).

The exact interpretation of the oxidative events during phagocytosis, particularly with respect to the clinical interpretation of CL assays, remains unclear. Nevertheless, several authors have attempted to correlate CL response with phagocytic and bactericidal activity (14, 15, 21, 29). Generally, it is thought that luminescence is diminished to yield aminophenol derivatives and subsequently electronically excited carbonyl chromophores, which upon recombination to ground state produce light (2). The process is subject to complex interactions between activating particles and cellular receptors. We have taken one aspect of this complex series of events to analyze the role of different organisms in the CL response.

Many reports on CL activity have utilized zymosan for activation. We studied the responses of normal PMN to a variety of organisms as well as to zymosan. Zymosan, a cell wall component of S. cerevisiae, has always proved to be an excellent activator of CL in PMN. As shown in Fig. 1, the initial slope and maximum height rose exponentially over the first 20 min of the reaction followed by a well-defined peak and rapid decay of the response. The curve fell to preactivation levels after approximately 90 min.

The organisms tested fell into two general categories: those organisms which caused a rapid CL response by PNS

TABLE 4. Effect of heat-treated serum on CL response

<table>
<thead>
<tr>
<th>Microorganism</th>
<th>Serum treated at (°C)</th>
<th>Pooled serum</th>
<th>Adherent serum</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td>Mean peak height (a.u.) ± SE</td>
<td>Mean time (min) ± SE</td>
</tr>
<tr>
<td>C. albicans</td>
<td>37</td>
<td>21.0 ± 4.7</td>
<td>28.8 ± 0.5</td>
</tr>
<tr>
<td></td>
<td>50</td>
<td>18.3 ± 3.3</td>
<td>33.0 ± 4.6</td>
</tr>
<tr>
<td></td>
<td>56</td>
<td>11.8 ± 3.0</td>
<td>53.2 ± 15.2</td>
</tr>
<tr>
<td>L. monocytogenes</td>
<td>37</td>
<td>16.4 ± 2.4</td>
<td>53.2 ± 15.0</td>
</tr>
<tr>
<td></td>
<td>50</td>
<td>16.4 ± 3.8</td>
<td>50.2 ± 7.7</td>
</tr>
<tr>
<td></td>
<td>56</td>
<td>5.6 ± 0.7</td>
<td>127.0 ± 50.0</td>
</tr>
<tr>
<td>E. coli</td>
<td>37</td>
<td>27.9 ± 5.6</td>
<td>15.0 ± 0.3</td>
</tr>
<tr>
<td></td>
<td>50</td>
<td>27.4 ± 5.6</td>
<td>15.0 ± 0.2</td>
</tr>
<tr>
<td></td>
<td>56</td>
<td>26.7 ± 4.8</td>
<td>13.0 ± 0.7</td>
</tr>
<tr>
<td>S. aureus (Oxford)</td>
<td>37</td>
<td>22.2 ± 3.5</td>
<td>28.6 ± 0.5</td>
</tr>
<tr>
<td></td>
<td>50</td>
<td>21.5 ± 4.7</td>
<td>38.6 ± 7.5</td>
</tr>
<tr>
<td></td>
<td>56</td>
<td>22.7 ± 4.9</td>
<td>63.6 ± 6.4</td>
</tr>
</tbody>
</table>

* NIH or adsorbed serum was heated at either 56 or 50°C. Measurements were made with the same PNS when comparing NIH or adsorbed sera. Four individual PNS populations were measured against each microorganism and each of the six serum treatments. Each CL measurement was performed in duplicate. C. albicans and L. monocytogenes demonstrated a significant reduction in peak CL (P < 0.05) and increased time to peak height (P < 0.05) in the presence of heat-inactivated serum (50°C, 30 min). E. coli and S. aureus did not show the same effects except for slower CL kinetics for S. aureus with all serum treatments.
S. pneumoniae, F. aeruginosa (25), and the soluble stimulative phol and myoicla cacie (4) all demonstrated similar results. In each case, with increasing concentration of activator the curve shifted up and to the left, indicating faster, more intense CL production. Mangan and Snyder (19), using E. coli 75, demonstrated much less difference in time to peak, with only a slight variation over bactericidal cell ratios of 0.6 to 2.0. Our data with both zymosan and E. coli did not fit this pattern.

Zymosan is an excellent activator of the alternative complement pathway, which may account for the constant response patterns obtained and the single peak with first-order kinetic response. E. coli, on the other hand, showed a correlation between time to peak and bactericidal concentration. This may reflect differences in the rate of contact between particle and cell. Most previous reports have indicated that little or no agglutination of reaction was done, whereas in the present study all vials were agglutinated in a constant manner throughout. Therefore, since all particles had equal opportunity to make contact with PMN, this would account for the longer time, but similar response height, with decreasing E. coli concentrations. It is also possible that the increase in number of particle:cell greater number of cell-particle interactions. The variability in cell wall composition of E. coli may contribute to the variable response patterns of different strains.

A second significant factor in the CL response is the effect of temperature. Many authors report the use of “ambient” temperature in CL methodology. This no doubt creates major differences in results, since ambient temperature will differ from laboratory to laboratory. It is usual for the temperature of most liquid scintillation counters to slowly rise during the assay period, especially under the conditions used in CL assays. We showed considerable differences in response over a temperature range of 25 to 37°C, with the increase in slope being the most dramatic effect. A similar effect has been previously shown for zymosan-stimulated PMN CL (13). Increasing the temperature from 25 to 37°C reduced the time to peak by half and increased the peak height by an average of 66% for the organisms tested. Thus, considerable greater phagocytosis and opsonization occurred at the higher temperature, as expected. The considerable differences in CL responses over this temperature range indicates the need to carefully regulate vital temperatures.

There are interesting similarities between our data and those of Barbour et al. (7), in which PMN from patients with acute bacterial infection were shown to have elevated CL responses when activated by zymosan. The range of organisms isolated from patients used in that study was similar to that reported here. They also reported a wide range of peak CL responses. Although Barbour et al. only reported CL responses to zymosan, the differences were attributed to the presence of the infective organism, with the possibility that bacterial factors were significant in the alteration of the responsiveness of PMN. Our data indicate that each microorganism is capable of PMN activation and that the response pattern produced may be related to the characteristics of the microorganism. There may well be a relationship between the type of response pattern and the severity of infection. It is clear that although the CL response to one species of bacteria is reproducible with different PMN, differences may also exist between strains. These differences may be due to organism membrane composition, subpopulations of PMN responding to specific bacterial components, variations in avidity binding of cell receptors, opsonic factors, and serum-dependent inhibition. Factors such as assay conditions, agitation, temperature, and particle-cell ratios must be considered. By considering all of these factors, it may be possible to more easily identify more pathogenic strains of organisms with their CL response profiles, enabling earlier recognition of bacterial infections.

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